



## Vein Treatment Patient Instructions

### ***Pre-Treatment Instructions:***

- 1) Squeaky clean skin
- 2) Please shave prior to appointment
- 3) NO FRESHLY TANNED SKIN!!
- 4) No topical anesthetic as this may change vessel dynamics

### ***Post-Treatment Instructions:***

- 1) Apply cool compresses
- 2) May apply aloe to keep area moist
- 3) Sun block of 30 SPF or more
- 4) No exercising or strenuous activity that leads to “flushing” for a few days
- 5) No red wine - vasodilation
- 6) Encourage compression or support hose for several days

Patient Name \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_